



## Rehabilitation Support Worker versus Personal Support Worker

Clarification is often required to assist teams in making decisions on when it is best to utilize a Rehabilitation Support Worker or Personal Support Worker. This chart provides details about the responsibilities, experience, and training for each role to aid in the decision-making process.

Responsibilities, experience, and training	Rehabilitation Support Worker	Personal Support Worker
<b>Facilitates functional independence in life skills:</b> • Activities of daily living (i.e. dressing, grooming) • Instrumental activities of daily living (i.e. household management, preparing meals)	✓	
<b>Facilitates executive functioning</b> to enhance life and independence such as communication, problem solving, memory, planning, organizing	✓	
<b>Provides partial or total hands-on support</b> of individuals in the areas of personal hygiene, meals, continence management, ambulance/transfers, safety, delegated tasks, i.e. catheterization, bowel care		✓
<b>Completes tasks for clients</b> such as cooking, light housekeeping, shopping, laundry, general errands		✓
<b>Received training and education to manage complex behaviours</b> associated with brain injuries, mental health issues, and other accident-related traumas	✓	
<b>May or may not receive training</b> to understand and build awareness of brain injuries (depends on the organization)		✓
<b>Facilitates community integration</b> for vocational or avocational activities, academics, social/recreational activities, other involvement in home and community	✓	
<b>Functional/social/behavioural focus</b>	✓	
<b>Medical/healthcare support</b>	✓	✓
<b>Reports</b> observations and significant occurrences	✓	✓
<b>Monitors and reports</b> confusion and memory issues	✓	✓
<b>Contributes to the care plan</b> through ongoing clinical feedback based on observable data	✓	
<b>Collaborates and follows the direction</b> of registered health professionals such as occupational therapist, physiotherapist, speech language pathologist, psychologist, social worker	✓	
<b>Supervised</b> by a registered healthcare professional such as a social worker, registered nurse or registered practical nurse		✓
<b>Consistently utilizes car</b> for approved community medical rehabilitation activities/ appointments/training	✓	
Services are considered <b>therapy</b> and approved by adjuster through an OCF18	✓	
Services are considered <b>attendant care</b> and approved by adjuster through a Form 1		✓

## How to request a Rehabilitation Support Worker?

Please call 1-877-542-9990, or visit our website at [www.bartimaeusrehab.com](http://www.bartimaeusrehab.com) for a Service Director in your area.